

PEOPLE HELPING PEOPLE (PHP)



People Helping People is a small project founded in the Chapel of Penha de França to help those in need. Our former Bishop D. António once said, "One must find new ways of helping the poor". A very small group of people attending the English Mass decided to do just that after the floods in 2010! In a short period of time we created partnerships with supermarket chains and restaurants; we have paid dozens of medical prescriptions, we have spent gallons and gallons of petrol riding across the island giving lifts, we have prevented families from going hungry, getting their electricity cut off, running out of gas, losing their homes. **We have tried to keep them warm, keep them hopeful, and keep them dreaming...**

The Mission Statement of People Helping People is... through social solidarity, to mobilize many people to help many people in a combat against poverty, hunger, illness, exclusion, indifference, intolerance, and social injustice, with a special preference for the last, the least and the lost, having as a model the person of Jesus, the «Good Shepherd» (Gospel according to Luke, chapter 15). Our wish is that it may always be an open door when all the other doors close, building in this way, different feelings and acts of Mercy (Gospel according to Luke, chapter 6 and Matthew chapter 25).

"You should wash each other's feet"
(John 13:14).

>> PEOPLE HELPING PEOPLE CONTACTS:

EUROPE: Pe Bernardino Andrade, Rua das Murteiras, 28 - 1E, 9060-199 Funchal, Madeira, Portugal.

Email: bernardinodandrade@gmail.com

USA: Larry Contreras, 60 Meeks Ln., Oakley, CA 94561. Tel. 707-333-5501

Email: l.a.contreras@sbcglobal.net

>> TRANSFER TO BANK ACCOUNT IN MADEIRA:

ACCOUNT NAME:

Associação Gente Ajudando Gente

BANK: Banco Santander Totta

ACCOUNT NUMBER: 0003 4938 1759020

IBAN: PT50 0018 0003 49381759020 94

SWIFT: TOTAPTPL

NIB: 0018 0003 49381759020 94

Bank Address:

Caminho de Santa Quiteria 46A,
9020-119, Funchal
Madeira, Portugal.



>> DONATIONS FROM THE UK:

ACCOUNT NAME: Sinead Moynihan

BANK: Lloyds Bank

ACCOUNT NUMBER: 02461743

BRANCH: Univ. of Cambridge

SORT CODE: 30-13-55

IBAN: GB05 LOYD 3013 5502 4617 43

BIC: LOYDGB21035



The funds will then be transferred to Madeira. Any questions or concerns about transferring to this account, please contact Sinead Moynihan at: sineadmoynihian7@icloud.com



>> DONATIONS FROM THE USA:

Instructions for sending funds to People Helping People in Madeira, Portugal, from USA:

Write a check made out to: Fr Bernardino Andrade PHP
in the bottom of the check in Memo area add: **PHP**

Mail the check to:
Mr. L.A. Contreras
60 Meeks Lane
Oakley, Ca 94561



The funds will then be transferred to the People Helping People account in Madeira, at no cost.

Any questions or concerns please contact Larry Contreras at 707-333-5501 or email him at: l.a.contreras@sbcglobal.net

Food items are also appreciated and can be left in the basket at the Chapel door on Sunday mornings. When sending any donation, please send an email to Fr Bernardino (bernardinodandrade@gmail.com) with the date, and name on the transfer so that Fr. Bernardino is able to confirm with you as soon as the transfer is received. Thank you.

Older issues of the newsletter can be downloaded from the Chapel's website/blog: www.rcmassmadeira.org

JOYFUL GIFT

29th of October 2023

30th Sunday in Ordinary Time, Year A

10h00 Sunday Mass

Chapel of Our Lady of Penha de França,
Rua Penha de França 3, Funchal, Madeira

Website and Blog: <http://rcmassmadeira.org/>

Facebook: www.facebook.com/penhafrancachapel

Instagram: www.instagram.com/capela_penha_franca/

Email: penhafranca.newsletter@gmail.com



CATHOLIC MASS – 10 AM (SERVICE IN ENGLISH)

Good morning! Welcome to the Chapel of Our Lady of Penha de França. Our Mass today will be celebrated by Father Thomas.

✠ The special intention of this morning's mass is for the soul of

✠ Paul Van Heuven, 32 years old. Last year in November, Paul's parents came to Madeira together with their whole family, on holiday, especially to celebrate their 35th wedding anniversary. They all received a blessing by Fr. Bernadino during mass. In May this year, Paul passed away unexpectedly. Two months later his son, Eddy, was born. Our heartfelt condolences go out to Paul's parents and family who are here at Mass this morning.

TODAY'S SCRIPTURE READINGS – 30th Sunday in Ordinary Time, Year A

(Exodus 22:20-26 (& cf 24:9-11) Psalm 17(18):2-4. 47. 51. R.2 1 Thessalonians 1:5-10; Matthew 22:34-40)

In our reading from **Exodus**, the Lord expands the rather general Ten Commandments into detailed rules for living, with practical laws and punishments. In this covenant or treaty, the Lord promises his favour and the people accept certain obligations. Moses sprinkled blood on the people to seal this covenant with the Lord. The sacrificial meal, eating and drinking in the Lord's presence, ritually confirms the people now belong to the family of the Lord. Five verses sum up this very long **Psalm**, thanking God for his help against enemies while welcoming his justice. Continuing our reading from the earliest surviving Christian document, Paul concludes his address to the **Thessalonians** with fulsome praise for them. He knows they are chosen and loved by God because others have told him the examples they give. Especially their imitation of Christ, and their acceptance of the word of the risen Lord, in spite of suffering persecution. In **Matthew's Gospel**, it is now the turn of the Pharisees to test Jesus. But they fare no better than the Sadducees heard last week. Again, Jesus shows that he is the authoritative interpreter of the Jewish Scriptures. Even the detailed rules given to Moses can be summed up in the requirement to love God and your neighbour.

PSALM RESPONSE: I love you, Lord, my strength.

www.bible-groups.info

The Scripture notes are sent to us every week by **Chris Oliver from the UK**. If you'd also like to have these sent to you by email or included in your parish newsletter, please contact Chris at: chris@chris-oliver.net

TODAY'S HYMNS:



- [1] **Entry Hymn:** "Jesus Christ is waiting ..." - 280
- [2] **Gospel Acclamation:** "Celtic Alleluia..." - 679
- [3] **Offertory Hymn:** "When I needed a neighbour..." - 623
- [4] **Amen:** "Honour and glory, amen!..." - 727
- [5] **Peace:** "Shalom, my friend, shalom..." - 495
- [6] **Communion:** "Jesus my Lord, my God, my all..." - 283
- [7] **Thanksgiving:** "Father, we adore you..." - 136
- [8] **Final Hymn:** "Whatsoever you do..." - 620





A SWIMMER AND A FLOATER

1.

It was many years ago. My friend Carlos and his wife were victims of a shipwreck. Unfortunately, she was not able to survive that tragedy. I was in Africa when this accident happened. One day I came to visit Madeira and Carlos gave me a lift in Funchal and it was during that lift that he told me his sad story.

Of course, I was very curious to know how he had survived. And now, the rest of the story was full of surprises. First of all, he told me that he had survived four hours in the water, always expecting that another boat would rescue him. When he told me that he had survived during four hours until he was saved, I assumed that he had spent that time swimming, waiting for the lucky opportunity. And that was what I told him, saying: *«Of course you spent those four hours swimming, right?»*. He looked at me and said: *«Oh no. With this heavy weight there was no way I could have been able to swim, especially for four hours. I just opened my arms and floated»*. THAT was the secret.



Many years passed. Carlos became sick and he died. I conducted his funeral. I had many opportunities to talk with his son and review the story of his mother and his father. The biggest surprise I had was to know that his father didn't know how to swim.

He saved himself just by floating for four hours in the waters of the Atlantic.

2.

The story of the swimming and the floating Carlos has been, for me, a source of inspiration for my spirituality. I'd like to open the Bible and reflect about two chapters of the Bible especially the *Letters to the Romans*, chapters 7 and 8.

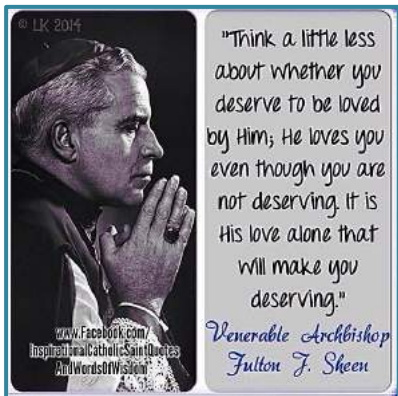
In Romans 7, Paul shows the swimmer side of his life. His words are around «I», «me». Everything is about *him*. He looks like somebody who is in tremendous agony. *«7:14: We know that the law is spiritual, but I am a mortal, sold as a slave to sin. I don't understand what I do. I don't do what I would like to do but instead I do what I hate»*. I find that chapter 7 is all about *him* and *his misery*.

Chapter 7 was more about Paul. Chapter 8 was about God.

We know that in everything God works for good of those who love God.

In the view of all this, what can I say? If God is for us, who can be against us? Who can separate us from the life of Christ? Can trouble do it, or hardship, or persecution or hunger or poverty, or danger or death? No, in all of these things we have complete victory through him who loved us.

Love & Peace
 Fr. Bernardino Andrade



CHRISTMAS HAMPER DRIVE – For the needy



We are collecting items for personal hygiene (soaps, lotions, body wash, shampoo, toothpaste, etc.), and also dried and tinned goods (tins of fruit, beans, rice, pasta, cooking oil, jam, etc.) and sweets for the children. **These will be distributed amongst families who need our help.**

Please bring in what you can spare and place in the basket to the entrance of the church.

(Further details, email Debbie: deborahadajesus@yahoo.co.uk)



OCTOBER - Month of the Holy Rosary

Salve,
Regina

IS

Hail, Holy Queen

Hail, holy Queen,
 Mother of mercy,
 hail our life, our sweetness
 and our hope.
 To thee do we cry,
 poor banished children of Eve.
 To thee do we send up
 our sighs, mourning
 and weeping
 in this valley of tears.

Turn, then,
 most gracious advocate,
 thine eyes of mercy toward us,
 and after this, our exile,
 show unto us the blessed fruit
 of thy womb, Jesus.
 O clement, O loving,
 O sweet Virgin Mary. Amen.

Hail, Holy Queen,
 known in Latin as
 "Salve Regina"
 is said to be the most
 popular **Marian antiphon**.
 Although its author is
 unknown, its final three
 invocations:
*O clement, O loving,
 O sweet Virgin Mary*
 were added by
St. Bernard (1090-1153).
 This is traditionally said or
 sung **after night prayer**,
 before going to sleep.
 It is used during **Ordinary
 Time**, from the day after
 Pentecost through the
 Friday before Advent.
 It is also the final prayer
 of the **Rosary**.

Pray for us, O holy Mother of God.
**That we may be made worthy
 of the promises of Christ.**

www.facebook.com/
 InspirationalCatholicSaintQuotes
 AndWordsOfWisdom

© LK 2014

Venerable Archbishop
 Fulton J. Sheen

FROM CCCB'S BLESSINGS AND PRAYERS
 FOR HOME AND FAMILY

Archdiocese
 of Toronto

www.archtoronto.org
 archtoronto